

## **Brett Litz, PhD**

Dr. Litz is a Professor in the Department of Psychiatry at Boston University School of Medicine and the Psychology Department at Boston University, as well as the Director of the Mental Health Core of the Massachusetts Veterans Epidemiological Research and Information Center (MAVERIC) at the VA Boston Health Care System. Academically, he received a BA in psychology from the State University of New York at Stony Brook (1981), a MA in clinical psychology from the State University of New York at Binghamton (1984), and a PhD in clinical psychology with a minor in human memory and cognition from the State University of New York at Binghamton (1987).

Dr. Litz is a Fellow of the American Psychopathological Society and the Association for Psychological Science, and he is a member of the American Psychological Association, the Association for Behavioral and Cognitive Therapies, the International Society for Traumatic Stress Studies, and the American Psychological Society. He is a consulting editor for the *Journal of Abnormal Psychology* and an editorial board member for *Cognitive and Behavioral Practice*.

Dr. Litz has also authored 175 publications and delivered 300 conference presentations. He is a principal investigator on various research projects funded by the Departments of Defense and Veterans Affairs, and the National Institute of Mental Health. He is an internationally recognized expert on military trauma and early intervention for trauma and traumatic loss, and has devoted his career to evaluating the mental health outcomes associated with military deployments across the lifespan, the assessment and treatment of PTSD using Telehealth approaches, with an emphasis on early intervention for combat and operational trauma and loss.